



Information Pack for representatives and visitors to the Region 9 Assembly and Convention in London, 26-30 September 2018

The following information is for:

1. Attendees participating in both the "Assembly and Convention."
(R9 Representatives, R9 Officers, Committee Chairs)
2. Attendees to the Convention only.
(OA members aside from the above who may come worldwide for the convention.)

NB: If you are a R9 Representative, Officer, Committee Chair - your Assembly and Convention registration, plus accommodations are included in one form.

This pack contains general information for both categories of attendees.
Some information may not apply depending on your "registration" status as above.



OA South and East England Intergroup (OA SEEIG) is pleased to host the Region 9 Assembly and Convention in London, UK. We invite all OA members of Region 9 and worldwide to join us.

You will find all you need to know about registering for and attending the Convention in this pack. Details of how your service body can register for the Region 9 Assembly are included in the Region 9 invitation.

You can contact us at: registration2018@oaregion9.org

Venue

Kairos Centre
Mount Angelus Rd, Roehampton SW15 4JA



The Kairos Centre is a retreat and conference centre in south-west London situated within acres of landscaped gardens and overlooking historic Richmond Park.

Meeting Rooms

The Terrace Hall is situated on the ground floor off the main corridor, near to the entrance to the Centre. The Hall is bright and airy with windows on three sides. It has access onto the terrace and the peaceful, landscaped gardens.

The largest meeting room is the Kairos Hall; this spacious room has natural light from large windows on three walls. Located on the first floor, the room has two large doors to provide easy access.

All meeting rooms are accessible by wheelchair with a lift to all floors and the larger rooms are equipped with hearing loops. Complimentary Wi-Fi is available throughout the building and is accessible in all meeting rooms.

Communal areas and prayer rooms are available for all attendees to use during their stay.

Accommodation

For R9 representatives - The Kairos Centre can accommodate up to 36 people across their range of 25 basic, single and twin bedrooms (ensuite and non ensuite). Whilst the majority of rooms are suitable for disabled access, some are accessed by a few steps. All rooms have complimentary Wi-Fi and tea/coffee making facilities. Representatives will be given priority to book rooms at the Kairos centre. Unfortunately there is no capacity to stay at the Kairos Centre before or after the event.

For Convention attendees - Twenty bedrooms have been reserved at the nearby Elm Grove Conference Centre; part of Roehampton University. These are intended for people who are coming only to the convention. The rooms are all ensuite single rooms with tea and coffee making facilities, hair dryer, television, iron and ironing board and complimentary Wi-Fi. Elm Grove is a 10-minute walk from the Kairos Centre, where the Convention is taking place.

These rooms will be allocated on a first come, first served basis so please book early to avoid disappointment. Elm Grove accommodation must be booked by 12 June 2018.

If you wish to arrive before or are going to stay longer than the assembly/convention, here are some helpful links where you can book accommodation in London.

www.booking.com

www.trivago.co.uk

www.airbnb.co.uk

Catering

The Kairos Centre can accommodate vegetarian, vegan, gluten-free, dairy-free, and lactose-free diets. We have requested that the meals be prepared with no alcohol, no sugar, no white flour and sauces on the side. Food is served buffet style.

Due to constraints on the catering facilities at the Kairos Centre, *all meals and tea/coffee must be ordered and paid for in advance; no meals or tea and coffee can be bought on site on the day.* There are shops about 8 minutes walk away. These options include a small supermarket, a sandwich shop and an independent café.

There are two very small fridges in the main part of the centre which could be used by Representatives to store perishable food items should this be absolutely necessary.

Service

Service is an important part of our recovery and there are a range of service roles needed for the running of this Assembly and Convention. Please indicate your availability for Convention service on your booking form.

The Region 9 Assembly

This will begin at 17:00 on Wednesday 26 September 2018. Region 9 Representatives please ensure you arrive at the Kairos Centre before then. The Assembly will close at 17:00 on Friday 28 September 2018. Full details of the Assembly including registration forms, agenda and other material will be issued directly by the Region 9 Board.

OA members are also welcome to attend the Assembly as visitors.

Convention

The Region 9 Convention will open at 19:30 on Friday 28 September 2018 and will close at 16:00 on Sunday 30 September 2018.

The theme of the convention is: “It Works – it really does” (Alcoholics Anonymous, pp 88). The convention programme will include panels and workshops with OA members from across Region 9 sharing their experience, strength and hope.

Convention costs

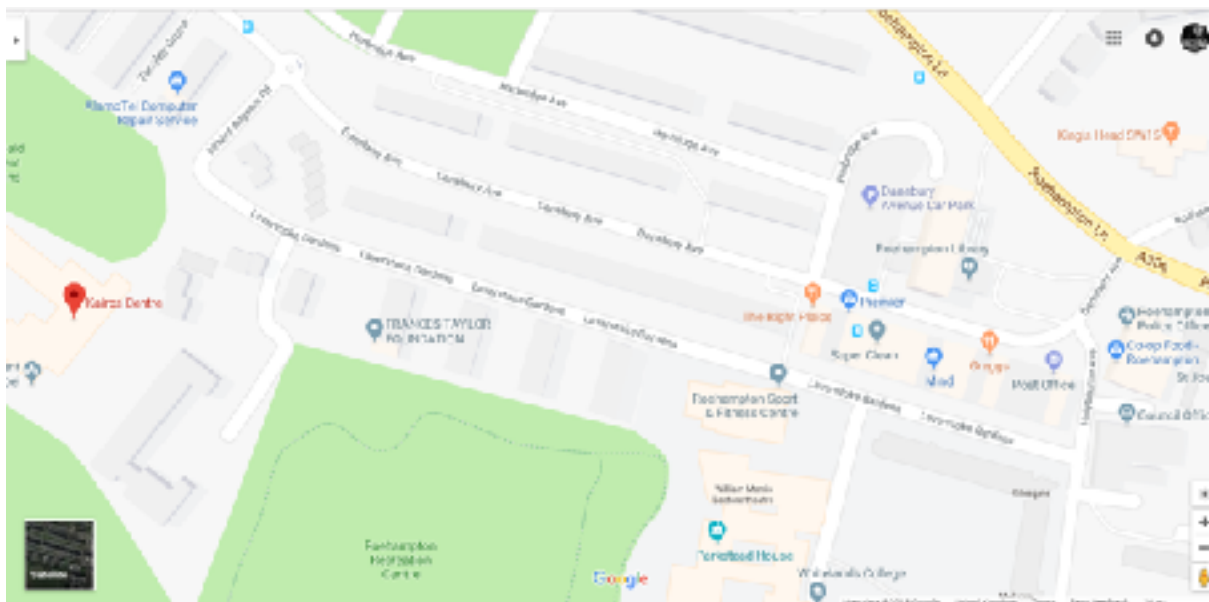
£5 Friday, £15 Saturday, £10 Sunday.

Package deals – Weekend £25, Saturday & Sunday only £20.

Tea and coffee £2.50 per day (for two servings) needs to be booked and paid for in advance.

Lunch and/or dinner £13.50 per meal needs to be booked and paid for in advance.

Useful maps



Transport links

**The two closest major international airports are Heathrow and Gatwick.
The cost of a one way trip from these airports to the Kairos Centre is approximately £10-£25**

How to get to the Kairos from London Heathrow

Onward journey with fewest changes:

From Terminals 1- 5. London Underground Piccadilly Line to South Kensington
40 - 45 minutes, number 430 bus to Mount Angelus Road 45 minutes.

OR

Heathrow Express to Paddington Rail Station 15 – 30 minutes depending on terminal, then Circle Line from Paddington Underground Station to Victoria 15 minutes, number 170 bus to Mount Angelus Road 50 minutes.

How to get to the Kairos from London Gatwick

Onward journey with fewest changes:

Gatwick Express to Victoria Station 35 minutes, number 170 bus to Mount Angelus Road 50 minutes.

Other transport options are shown below

How to get to the Kairos from London Luton (approx. 2hrs)

Take the shuttle to Luton Airport Parkway Station, to Blackfriars Station, then take the underground District Line to Putney Bridge, number 85 bus to Roehampton Lane/Danbury Ave, walk to Mount Angelus Road, Roehampton

How to get to the Kairos from London Stansted

Take the Stansted Express to London Liverpool Street, change to the underground Central Line to Shepherd's Bush Station, then take the number 72 bus to Roehampton Lane/Danebury Ave, walk to Mount Angelus Road, Roehampton

How to get to the Kairos from Eurostar

From St Pancras International, take the Thameslink train to Blackfriars Station, (approximately 10 mins) from there change to the underground District Line to Putney Bridge, switch to the number 85 bus to Roehampton Lane/Danbury Ave stop, then walk to Mount Angelus Road, Roehampton

Train, tube and bus

The nearest mainline train station is Barnes and from there the centre is a 10-minute bus journey or a half hour walk. By tube, East Putney, Putney Bridge and Hammersmith stations are all options. A bus journey of approximately 20 minutes from each of these stations will complete the journey. There is also a bus which goes directly from Victoria mainline, coach and tube station to the venue. This takes approximately half an hour.

A convenient journey planner can be found at [Transport for London](https://tfl.gov.uk)

Car

Car parking space at the centre is limited but there is also street parking available nearby.