

## **OVEREATERS ANONYMOUS**

### **REGION NINE POLICIES AND PROCEDURES MANUAL**

#### **A SUMMARY OF CONTINUING EFFECTS MOTIONS** **1983-2015**

##### INTRODUCTION

It is noted that all motions appearing in this summary were adopted by the group conscience of the Overeaters Anonymous Region Nine Assembly. Furthermore, until changed, these motions set self-imposed limits on the Region.

##### Continuing Effect Motions

- 1983a      The primary purpose of the Region 9 Assembly is the same as that of all OA service - to carry the OA message to the still suffering compulsive overeaters, wherever they live and whatever language they speak. In fulfilling our purpose, we should ever strive to achieve worldwide OA unity and common policies among all countries. With love and tolerance as our code, together we can do what we could never do alone.
- 1983d      In the event of an Intergroup having on hand funds raised for Region 9, these can, with permission, be used for Region 9 purposes in that country without going through central account.
- 1985b      Financial assistance be granted to delegates travelling to Region 9 Assemblies. Draft claim form approved.
- 1988d      That the mailings to all member groups and Intergroups, as in article 5(ii) of the Bylaws, shall include applications for assistance to be returned within 2 months. To restrict assistance to Intergroups at present, and to include a registration form with this mailing.
- 1989b      That Assembly be extended to two full days.
- 1989d      Donations to be divided 70/30 between service/delegates, unless otherwise specified.
- 1989h      Region 9 chairman to attend every World Service Conference.
- 1991k      Motion adopted for proposal as an amendment to WSBC bylaws "An applicant for R9 trustee shall live in R9 and also have at least one year's service on the board or committee level of the R9 assembly."
- 1991l      Motion to leave the length of a convention at the discretion of a host country agreed.
- 1991m      Motion to call the European Service meeting, the R9 European Service meeting agreed

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- 1994a Move to amend the P&P manual by adding the description of Satellite banking as follows: The Satellite banking concept described in the minutes of the 1994 Assembly is endorsed by the R9 Assembly as a procedure for simplifying and regulating the money transfers between donations and expenses in R9.
- 1994b Move that R9 shall have a fund raising product for sale.
- 1995j Move to adopt a policy to translate material into French. This material will include information from Region 9 and WSO, and various forms. The policy would be implemented by a committee of Israeli members, to be formed for this purpose.
- 1995k Move to adopt a policy to prepare guidelines for setting up an office.
- 1995m Move that Region 9 adopts the following forms:
1. Officer and Committee Chairs
  2. Delegate Registration.
- 1996f The Assembly will divide up the list of IGs and NSBs not represented here at Assembly amongst the delegates who are here. Each delegate here will be responsible for undertaking some liaison activity with the IG or NSB they have adopted. Each delegate will then submit a written report to the Region 9 Chair within 6 months of Assembly.
- 1996g When new groups emerge in R9 the Chair and Trustee will encourage neighbours to help each other and use money from the liaison budget to promote service visits from an existing IG or NSB to these new areas of OA activity.
- 1996h The Assembly resolves that priority for financial assistance for Regional representatives travelling to the R9 Assembly will be given to those IGs and NSBs with the greatest distance to travel and secondly to those attending their first Assembly.
- 1997a At each Assembly there will be an orientation session. The aim being to give delegates (particularly first time delegates) a general overview of the processes of the Assembly.
- 1997b The following committees will operate: Budget, Bylaws, Electronic Communications, Translations.
- TRANSLATIONS COMMITTEE CHAIR Will be the centre for information flow about translation and printing of OA material, both for matters of policy and of process.
- ELECTRONIC COMMUNICATIONS Will be the centre for information flow about electronic communications, both for matters of policy and of process.
- REGION 9 PLAN (formally “Long Range Planning Committee”) The Long Range Planning Committee has completed its work and will cease to exist. Planning will

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form part of the work of the full Assembly. One member will be appointed to give a presentation on Region 9 planning at each Assembly.

1997f Region 9 to propose new business policy motion for WSBC 1998 to rescind WSBC policy 1982a that states “Overeaters Anonymous does not have any literature for specific eating disorders other than compulsive overeating. We welcome in love and fellowship all who have the desire to stop eating compulsively”.

1997h Anorexic/Bulimic issue After a long and moving discussion the following position statement was adopted:

We believe our literature is not yet inclusive; it is especially important that the first contact with a newcomer (of all types) be inclusive.

The term “compulsive eater” is more inclusive than “compulsive overeater.”

Some members feel that the term “abstinence” is the biggest obstacle to an inclusive approach.

The majority feel that what we have in common is our thinking.

Some feel that the real differences exist but that it is possible to find common ground within the existing literature.

1999a Addresses are to be provided on the contact list attached to the assembly minutes. Any person not willing to have their address published, should advise the secretary at the Assembly, who will not publish their address.

1999b The annual Region 9 Assembly will be held within Region Nine.

1999e To suggest to all Region 9 Intergroups and National/Language Service Boards that they set a goal for annual Contributions to R9. The suggested amount will be reviewed at the annual Assembly.

1999g Amended 2004e

1999h Move to adopt the following

JOB DESCRIPTIONS FOR BOARD AND COMMITTEE CHAIRS as part of our Regional policy and procedure.

CHAIRPERSON:

The Chairperson is elected by the Region 9 Assembly for a period of two years and fills a variety of duties:

- Chairs the R9 business assemblies, including preparation of the Agenda
- Communicates with the different R9 officers and committees during the year
- Attends functions within the Region, where budget allows

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- Represents R9 at the World Service level, including at the WSBC
- Represents R9 in the Board of Trustees Intergroup and Region committee (IGAR)
- Works with the R9 Trustee on some of the issues directly concerning the Region
- Chairs the R9 Board
- Is responsible for ensuring that an Officer Nomination form is sent to each Intergroup and Delegate in an election year
- Is responsible for sending a Bid form for hosting a R9 Assembly to Intergroups and Delegates on election year

### TREASURER:

The Treasurer is elected by the Region 9 Assembly for a period of two years and fills a variety of duties:

- Chairs R9's Budget and Finance committee
- Prepares an annual budget for approval of the assembly
- Maintains records of all Income and expenses incurred by the different activities in the Region
- Provide an annual report of all contributions received, as well as income and expenses
- Maintains the R9 bank account and records of monies kept by different functions in other countries (satellite banking)
- Serves on the R9 Board

### SECRETARY:

The main responsibilities of the Secretary are to produce and mail minutes of all Region 9 Assemblies, and maintain updated listing of R9 Intergroups and National/Language Service Boards. The procedure for this is as follows:

### MINUTES OF THE ASSEMBLY:

1. The Chair will send out an agenda prior to the Assembly, and will include reminders to all Officers and presenters of topics to bring with them to Assembly a written report for inclusion with the minutes.
2. It is useful to record the Assembly with a tape recorder. A small hand held machine is quite adequate.
3. At Assembly, the Secretary needs to collect copies of all reports to be included with the minutes. It is also necessary that all motions are given to the Secretary in writing. It is important to note the name of the proposer and seconder, and the count of the voting on each motion.

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4. The time scale for producing the minutes is short, and it is helpful to have copies of all paperwork to be included with the minutes in your possession, when coming home from the assembly, as there may not be time to use the postal system and still get the minutes out in the timescale set out in the bylaws.

5. Typing the actual minutes is time consuming. It's probably a full day's work. When the first draft is complete, it is useful to fax a copy of the minutes to the chair, or another officer who was present at the Assembly for any comments. It's also useful to have a local member proof read the minutes for spelling or grammar mistakes. The minutes will include all reports, and revised copies of the R9 Bylaws and P&P Manuals, if possible.

6. Once the minutes are printed and bound in a simple binder, one copy can be taken to the post office where it is weighed and the postage costs for the different parts of the world assessed. Then one can buy the stamps and do the mailing from home, if that is suitable. The minutes are expensive to produce, so it is always helpful to keep a balance of monies in a satellite account if the Secretary is not in local contact with the Treasurer.

**UPDATE OF LISTS** Another duty for the Secretary is to see that an up to date list of all R9 Intergroups and National/Language Service Boards is mailed periodically to each R9 officer. This is compiled from information which the Intergroups may send directly to the Secretary and also from the information which the World Service Office sends directly to the Secretary. The World Service Office will send a list of all Intergroups and meetings in R9 to the Secretary periodically, as well as all enquiry letters they may have received. The letters are forwarded to the Outreach chair who will send off letters welcoming new meetings. It is helpful for the Secretary to inform the R9 Trustee or Chair of new Intergroups forming in the Region. It is useful to keep in contact with the R9 Chair on a regular basis.

**BYLAWS COMMITTEE** The Chairperson of the Bylaws Committee is elected at the R9 Assembly and serves for a period of two years with the option of being re-elected for a further two years. The duties would include:

- Chairing committee meetings and reporting back to the R9 Assembly and Board when appropriate
- Ensuring that the Secretary gets written Bylaw reports at the beginning and end of Assembly

Amended 2008h

- Sending a printed copy of all proposed Bylaw Amendments to the Chair of the Board to be included in the mailing with the Agenda for Assembly
- Gathering an active committee to work throughout the year, reviewing the Bylaws and preparing new or revised motions where necessary. These members may be from anywhere within R9 but it is vitally important to encourage people from the Chair's local Intergroup who will be at hand to do the practical work

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Amended 2008g

It is helpful to remember that when the Chairperson presents amendments she/he will have to defend them and so it can be helpful to have notes from the committee as to intent - one may not always remember why the committee selected a particular wording.

- 1999k To fund all Region 9 officers to attend R9 assembly.
- 1999l The Translation guidelines submitted by the Translations committee were adopted.
- 2000b Region 9 will register/purchase the domain name &#8222; OARegion9.org Cost: £20/year (\$30/year to buy domain name); usually paid 2 years in advance (monthly) + £50 for source (to keep it running), DNS Service (£80 per year?) (Website now [www.oaregion9.org](http://www.oaregion9.org) )
- 2000c The following statements were adopted. Under the current structure we do not recommend breaking up into further groups. Recommend Option 1. To consider carrying on as is.
- Recommend that the assembly seek to improve communication during the year and that the strategic planning groups specifically work on this as action items. For now we do not foresee the development of an OA International and believe it is in the best interest of countries in Region 9 to maintain representation at WSBC.
- We recommend that Region 9 Assembly take action to promote an increase of contributions to Region 9 and World Service Office.
- We do not recommend country autonomy at this time.
- In the long term we see Europe & Eastern Mediterranean as one group and Africa and Asia as separate groups.
- 2001a 1. Motion adopted reaffirm the 2000 Region 9 Assembly statement:
- For now we do not foresee the development of an OA International and believe it is in the best interest of countries in Region 9 to maintain representation at World Service Business Conference.
- We recommend that Region 9 Assembly take action to promote an increase of contributions to Region 9 and World Service Office.
- We do not recommend country autonomy at this time.
2. Continue to relay this message within the OA service structure, creating a restructuring sub-committee for this purpose.
- 2001b Motion adopted that Region 9 should produce a Manual for National and Language Service Boards, including sample Bylaws, that allow flexibility and options for different needs, with examples from bylaws already established and from the current draft.

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- 2001c Motion adopted to establish a Region 9 web site. A committee will be set up to agree content and technical design.
- Committee members will include
- content editor
  - technical editor
- who will liaise with the Region 9 Board.
- 2001e Motion adopted that Region 9
- a) investigates options and cost benefits for the automation of the world service online meeting.
  - b) contact other Region chairs to get their views on the value of the automation with a view to putting forward a proposal to the world service office at the next world service business conference.
- 2002a Move that the Assembly adopt the outline of the guidelines as revised for National/Language Service Boards.
- 2002b Move that a “Buddy” system be brought into place for committee chairs to support each other in the work they have undertaken for the year.
- 2002c Move to add the following statements to the current Region 9 Translations Guidelines in the appropriate places:
- “When OA Literature is updated, it is recommended that Service Boards selling existing stock insert an errata slip when detailing the most recent changes.”
- “Be aware that there may be people in other regions/countries working on translations in your own language. Consider in keeping in contact with them.”
- 2002d We move to ask World Service, to investigate the options and costs to improve the search capabilities of the world service online meeting directory. The search results should be narrowed down by allowing search by “closest city” and zip code, and the results should be displayed in a single page making it quicker to find the appropriate meeting. The meeting form would have to be changed to include “closest city.”
- 2002f The finance committee shall investigate and purchase OA Region 9 merchandise for sale at WSBC and other OA events, to raise funds for Region 9.
- 2002g Motion adopted “to revise the format of the Region 9 Guidelines for translations, by adding an index, sub-headings, bullet points and editorial changes.”
- 2002h Move that reports and documents be delivered to the registered representatives prior to Assembly.
- 2002i Move to implement an encryption program within 3 months to allow for secure transmission of all online meeting updates, between the computer at which the data

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- is entered and the WSO server. This program will further safeguard the anonymity of members whose personal data appears on the update form.
- 2002j Move that representatives of the Region 9 Assembly volunteer to be in contact on a regular basis with a service body (bodies) that are not represented currently at the Region 9 Assembly. The representatives will report to the Region 9 Chair every 3 months about progress made.
- 2002k Move to instruct WSO that all mailings sent out to Service Boards and which require responses to be returned to WSO, will allow for a minimum of 60 days for the required response to be returned. These mailings will be made available electronically and electronic returns will be acceptable.
- 2002l Move that in the event that WSBC does not adopt the pamphlet Dignity of Choice, the WSBC Policy 2000a directing the Board of Trustees to develop this pamphlet, will be rescinded. The Board of Trustees shall evaluate the events that took place at WSBC between 2000-2003.
- The BOT will collect further information from Regions, National/Language Service Boards and Intergroups and will submit their conclusions and/or proposals for bringing about unity on the issue of food plans to WSBC 2004.
- 2004a Move to approve the newly revised R9 Vital Link.
- 2004b Move to authorise the Regional Treasurer to set up a Business Account with PayPal.com.
- 2004c Move to authorise the Regional Treasurer to open an interest bearing deposit account with a bank.
- 2004d Move to authorise the Regional Treasurer to open a new bank account with an institution chosen at the Treasurer's discretion.
- 2004e Region 9 will cease to publish the Notebook.
- 2005a Move to adopt the Region 9 Minutes to a manageable size. The Region 9 Minutes will contain: Date/Time and place of Region 9 Assembly, names of Officers, number of representatives present, record of action taken on the minutes of the previous meeting, the exact wording of each motion as it was voted on , and whether it passed or failed, the maker's name. If the vote counted, the count should be included. Any notice given at the meeting. Points of order and appeals, and Committee reports. The revised version of Region 9 Bylaws and P & P can be obtained from the Region 9 web site or can be requested from the Region 9 secretary. To avoid confusing the Minutes with other Region 9 Assembly materials, they will be called Region 9 Minutes.
- 2005b Move to approve the Translation Guidelines.

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- 2005c Adoption of the Guidelines for National/Language Service Boards under the title Region 9 Manual: Guidelines for National/Language Service Boards and also publish it on the Region Web Site.
- 2006a Automatically remove outdated or completed Region 9 Assembly policies from the Policies and Procedure manual
- 2006b The Account year for Region 9 shall be 1<sup>st</sup> June to 31<sup>st</sup> May and the review of these accounts shall be completed by 31<sup>st</sup> August of the same year.  
The person reviewing the accounts shall be an appointee of the Region 9 Board and shall ideally be a qualified account (or equivalent) and shall live in the same country as the Region 9 Treasurer.  
The Region 9 Treasurer shall make available to the person reviewing the accounts all records, or copies of all records relating to the Region 9 Accounts.  
The Region 9 Treasurer will furnish the person reviewing the accounts with details of all monies held in Satellite Banking and the names and addresses of the person/bodies holding these monies.  
The person reviewing the accounts shall satisfy themselves of the accuracy of the Region 9 Accounts and shall verify the balance in all Satellite Banking Accounts. The person reviewing the accounts shall submit a written report to the Region 9 Board.
- 2006c
1. If the Region is represented by less than forty per cent of its Intergroups, up to 5 additional delegates to WSBC could be selected.
  2. Preference shall be given to Delegates from Intergroups and service bodies that otherwise will not be represented.
  3. If there are no candidates from those Intergroups, the Region 9 Assembly will select the candidates from among its voting members who will be able to attend WSBC.
  4. The selection of candidates will be made at the yearly Region 9 Assembly.
  5. All candidates have to comply with the qualifications for delegates in the OA Inc, Bylaws, Subpart B, Article X, Section 3, c, 1-5.
  6. Intergroups that submit candidates to be selected as Region 9 Delegates to the WSBC have to file an application at least 60 days prior to the Region 9 Assembly where the selection will be made.
  7. All applications are to be sent to the Region 9 Treasurer.
  8. The Treasurer will inform the Region 9 Assembly of the Candidates on the Friday morning and the Assembly will make a selection from among those having filed the Application provided they meet the requirements.
  9. The funding of the Region 9 Delegate will depend on the availability of funds. If the funds are available the Region 9 Delegate to the WSBC will be funded according to the Policy and Procedure 1996h.
  10. Prior to selection of the delegates, the Treasurer will inform the Assembly of the funds available for this purpose.
  11. The number of delegates selected will depend on the funds available, but in any case shall not be more than five.
- 2006d Move to charge 50€/£33 or equivalent registration fee for the Region Nine Assembly, payable upon registration at the Assembly.

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- 2006e Move to adopt a Region 9 week to think of our members and the still suffering compulsive overeater. Also in view of our geography, countries, states and language barriers within our Region to think about OAs who may be living in troubled or poor areas.
- 2006g That Committee Chairpersons can spend up to EUR 110.00 (GBP 73.33) for Region 9 without prior permission from Assembly, Region 9 Chairperson or Secretary.
- 2006i Adopt a suggested contribution per group to WSO however it is paid of equal to 1/3 of its contribution to region 9.
- 2007a The Board is authorized to make a decision on transferring up to EUR 2400.00 (GBP 1700.00) from Service to Delegate Assistance, 4 months before the next Assembly, whenever that takes place.
- 2008a Re-organise the Region 9 Policies & Procedures by removing the current ‘index’ section and organising the various detailed motions in the first instance into a list of relevant Region 9 topics / sections, setting up a table of contents and then finalising with a list of detailed motions in chronological order.
- 2008b After adopting the Budget for Translation at the Region Nine Assembly, application forms will be sent out with the minutes of the Assembly. The treasurer will then send a reminder (via the Secretary) to all service bodies by email by 31<sup>st</sup> January. These applications must be sent to the treasurer by 31<sup>st</sup> March of the following year. The board is authorised to make a decision on the allocation of the translation and printing of literature budget by 30<sup>th</sup> April. Consideration will be given by order of priority as follows:  
Service Boards
- a) who currently do not have anything translated in their language
  - b) who have a small number of pamphlets currently translated (approved or not approved)
  - c) are interested in translating The Twelve Steps and Twelve Traditions of Overeaters Anonymous.
- The Officers will consider the applications and make payments by 31<sup>st</sup> May. It is required that the Service Body requesting such funds
- a) Include that in the application, a list of material that has already been translated in that language
  - b) Considers that this funding is a “payment on account” with a view to it being contributed back (in part or full) to Region Nine as the literature is sold, so that funds are reintroduced for translation of further material in future years
  - c) Make a substantive contribution to the cost and give details in the application.
- The appropriate forms are available from the Secretary.
- 2008c The first week of September is designated as Region 9 week.

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- 2008d Suggested Contribution to Region 9. To suggest to all Region 9 Intergroups and National/Language Service Boards that they set a goal for annual Contributions to R9. The suggested amount will be reviewed at the annual Assembly. (1999e)  
Suggested contribution for small IG EUR 310.00 (GBP 205.00)  
Suggested contribution for large IG: EUR 620.00 (GBP 410.00)  
Suggested contribution per group however it is paid to Region 9 of between EUR 13 – EUR 32 (GBP 9 - GBP 22) payable where possible to Region 9 funds before 1<sup>st</sup> September each year.
- 2008e It is requested that service bodies attach to the application form for assistance the latest financial summary of the service body and that they give details of any funding for attendance at Region 9 Assembly from elsewhere.  
The Region 9 Board are authorised to consider (by email) those applications
- 2008f This Region believes that restructuring decisions should take account of both cost and principle – they are equally important.
- 2008g Bylaws Committee Chair  
To update the P&P Manual annually. While updating the manual make any spelling, punctuation or grammatical corrections as necessary so that the intent of the policy is unchanged. To ensure that the layout of the document is consistent and clear.
- 2008h Bylaws Committee Chair  
- After the revised Bylaws and P & P Manual have been checked furnishing the Chair, Secretary, Treasurer and Web Committee Chair with an electronic of the updated Bylaws and Policy & Procedure Manual in time to have these available on the web site at the same time as the minutes of the Assembly (in accordance with Region 9 Bylaws Art VII S2 Duties 2 – within 45 days of the Assembly).
- 2008i The Assembly will make a detailed plan for PI work in order to increase awareness of OA in countries that do not have any OA meetings at all or have only very few meetings. The nature and content of this PI will be decided by the Assembly or the Translation and PI committees.
- 2008j Twelfth Step Within Committee created. The purpose of this committee is to offer support and guidance to new and existing groups and service bodies.
- 2008k The R9 Assembly will assist the Service Boards within Region 9 by doing the necessary legal work for getting translated literature approved by the WSO. at the assembly, the translations committee will assist with filling in and explaining the licensing agreement forms to get translated literature approved.
- 2008l Every registered Service Body within Region 9, as well as the WSO or other Regions, can submit material to place on the Region 9 website.
- 2008m The Region 9 Electronic Communications Committee Chair and the Region 9 Secretary will ensure anonymity is maintained when publishing material from registered Service Bodies within Region 9, WSO or other Regions.

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- 2008n      Region 9 Assembly  
Each year at the Assembly we will set aside time in the agenda for issues regarding translating literature. We will help each other with questions regarding translating literature, understanding the different licensing agreement forms, filling in licensing agreement forms, copyright-issues and other issues related to translating literature.
- 2009a      We move to create a document explaining the procedure for application to the Region 9 translation fund.
- 2009b      The hosting service body for the regional Assembly and Convention shall be elected two years prior to running the event.
- 2009c      To suggest to all Region 9 groups and service bodies that they aim to contribute a minimum of 5% of their annual income to Region 9. The suggested contribution, however it is to be paid, payable before 1<sup>st</sup> September each year.
- 2009d      In order to qualify as emergency new business any motion must be:  
a) Referring to new business only and not addressing the same issues as other motions brought to the current Assembly;  
b) Of an urgent nature so that not considering the motion immediately would be harmful to the welfare of OA as a whole.
- 2009e      The Assembly resolves that priority for financial assistance for Regional representatives travelling to the R9 Assembly will be given to those IGs and NSBs that have never been represented before, secondly to those with the greatest distance to travel.
- 2010a      The Assembly will divide up the list of IGs and NSBs not represented at the Assembly amongst the delegates who are in attendance at the assembly. Each delegate will be responsible for undertaking liaison activity with the SB they have adopted. Each delegate will then submit a written report to the Region 9 12th Step Within Committee within 6 months of the Assembly. The 12th Step Within Committee will then log these responses and continue to try to encourage contact with service bodies not represented at assembly (1996f) (2002j).
- 2010b      REGISTER OF SERVICE BODIES AND ATTENDANCE TO BE INCLUDED IN ASSEMBLY MATERIALS  
The Assembly Materials of Region 9 are to include a register of Region 9 countries with details of Intergroups in each country and the current number of groups, also including details of when the Service Body was represented at Region Assembly.
- 2010c      The Region 9 Website should include the document “How do service bodies trying to translate OA literature apply for financial assistance from Region 9?” (Refer Appendix)
- 2010d      Insert job description for the Region 9 Representative into the P&P Manual II Board

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- 2010e **Region 9 Assembly to implement a newsletter.**  
The newsletter is to be produced at least once a year, after the assembly. This Region 9 Newsletter might include articles written by the Region 9 Committees, the Region 9 Representatives, the Region 9 Board and the R9 Trustee as well as news about the assembly itself that is not included in the minutes, and other features and articles relevant to the region. The R9 Newsletter is recommended to be 2 pages in size with one page divided equally and to be devoted to articles from the Region 9 Committees. The other page to be devoted to articles submitted by representatives attending the assembly or the R9 Board / Trustee. The Newsletter will be assembled by an appointed member of Region 9 and the R9 Secretary. Articles should be submitted within 45 days of the assembly. The newsletter will then be produced within a further 30 days, reviewed by the R9 Board & Trustee and then placed on the Region 9 website.
- 2010f **FUNDING OF REGION 9 DELEGATES**  
Delegates representing Region 9 as a whole may be sent to the WSBC if funds are available within the Region 9 budget or from the WSO. Those delegates will be (in order of privilege, in case the financial supplies are limited): the R9 board secretary, the R9 treasurer, and/or OA members from within Region 9 who have been to the World Service Business Conference before, meet the requirements for a WSBC delegate and will not be representing any other service body at the WSBC. Information about such persons being sought will be mailed to the service bodies that are sending delegates to the R9 Assembly in the year before the Conference in Question, the order of applications will determine the choice of the future Region 9 delegates.
- 2011a **ASSEMBLY PROCEDURES AND SUGGESTIONS**  
To adopt into the Region 9 Policies and Procedures Manual the document circulated at 2010 Region 9 Assembly (since amended and updated) entitled “Overeaters Anonymous Region 9 – Assembly Procedures and Suggestions”.
- 2011b **TRANSLATIONS GUIDELINES**  
The Translation guidelines submitted by the R9 Translations committee in 1999 and updated in 2002 and approved in 2005 have now been rescinded and R9 will now refer to the document ‘OA GUIDELINES – TRANSLATION GUIDELINES FOR OA LITERATURE’ which is available on the [www.oa.org](http://www.oa.org) website for the worldwide fellowship of OA
- 2011c **FINANCIAL ASSISTANCE FOR DELEGATES TO REGION 9 ASSEMBLY**  
The Assembly resolves that priority for financial assistance for Regional representatives travelling to the R9 Assembly will be given to those IGs and NSBs that cannot afford to fund a delegate on their own, to those with the greatest distance to travel and to those attending their first Assembly.
- 2011d **FINANCIAL ASSISTANCE FOR DELEGATES TO REGION 9 ASSEMBLY**  
That the mailings to all member groups and Intergroups as in article 5(ii) of the Bylaws, shall include applications for assistance This application form will also be posted on the R9 Web site. Completed application forms will be submitted to the R9 Treasurer at least

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- 4 months prior to the date of the Assembly. It is requested that service bodies attach to the application form for assistance the latest financial summary of the service body and that they give details of any funding for attendance at Region 9 Assembly from elsewhere.
- 2011e **FINANCIAL ASSISTANCE FOR TRANSLATION / PRINTING**  
Deleted “b) who have a small number of pamphlets currently translated (approved or not approved)” and renumbered “c” as “b”
- 2012a Move to insert a job description for the position of R9 PARLIAMENTARIAN into Section 11 Board.
- 2012b Move to insert into Section 11 3. Committee Participation, Public Information Committee and to update name of Budget Committee to Budget and Finance.
- 2012c Move to insert into Section 111 REGION 9 COMMITTEES, Public Information Committee, update name of Budget and Finance Committee, remove Region 9 Plan (1997b) and to insert and provide descriptions of what work is carried out by Public Information, Budget and Finance and Bylaws Committees.
- 2012d Move to update Section 1V ASSEMBLY ASSISTANCE WITH TRANSLATIONS with current practices, to include the R9 Trustee assisting with the completion and explaining of the licensing agreement forms (2008k). To possibly include a Workshop on the translation of literature and to encourage each non English speaking country to translate one piece of literature each year.
- 2012e Move to update Section V 2004f (amended 2008b) FINANCIAL ASSISTANCE FOR TRANSLATION/PRINTING by allowing two application dates per year instead of one. i.e. Treasurer to send out reminder by 1<sup>st</sup> December and 1<sup>st</sup> May, deadline for sending applications 1<sup>st</sup> February and 1<sup>st</sup> July the following year, decision to be made by 1<sup>st</sup> March and 1<sup>st</sup> August.
- 2012f Move to insert in section V FINANCE & BUDGET to add plan of how to manage cheques if R9 Board live in Great Britain.
- 2012g Move to amend Section V FINANCIAL ASSISTANCE FOR DELEGATES TO REGION 9 ASSEMBLY from 4 to 3 months for application forms for delegate assistance; require rather than request service bodies to provide financial information on application; clarify practice already agreed for online banking.
- 2012h Move to amend Section V FINANCE & BUDGET to provide an improved election process for role of Banker.
- 2012i Move to amend Section V1 WEBSITE to rescind out of date sections AUTOMATION OF WORLD SERVICE ONLINE MEETING and WSO ONLINE MEETING DIRECTORY.

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- 2012j Move to insert into Section V111 PUBLIC INFORMATION, Region 9 week, Twelfth Step Within Committee.
- 2012k Move to rescind out of date information in Section X1 Miscellaneous FOOD PLANS.
- 2012l Move to rescind out of date information in Section X1 Miscellaneous ANOREXIA/BULIMIA.
- 2012m Move to amend Section 11 TREASURER to Liaise with Accountant, signatories and Banker as necessary and to Facilitate Service, Traditions and Concepts (STC) workshops when and where possible within Region 9.
- 2012n Move to insert into Section 1 ASSEMBLY to include Region 9 Translations list to be included in Assembly Materials.
- 2012o Move to insert into Section 11 a job description for the role of R9 Banker.
- 2012p Move to update Job Description of for R9 Secretary to include current practices and new technology. Section 11 MINUTES OF THE ASSEMBLY. To insert section UPDATING OF OTHER R9 DOCUMENTS and section WORKSHOPS.
- 2012q Move to amend by rename Translations Committee to Literature and Translation Committee in Contents Table and in Sections 11, 111, 1V and V111.
- 2012r Move to amend Section 11 to update job description for R9 Chair to clarify responsibilities and to Facilitate Service, Traditions and Concepts (STC) workshops when and where possible within R9.
- 2012s Move to establish a General Assistance Fund that will include the translation fund money and additional amount of money that will be allocated in the budget for general purposes such as translation, PI, PO etc.
- 2013a ASSEMBLY PROCEDURES AND SUGGESTIONS  
Document ‘Assembly Procedures and Suggestions was renamed as ‘Procedures and Suggestions for Hosting Region 9 Assembly and Convention’.
- 2013b CHAIRPERSON’S JOB DESCRIPTION  
Inserted in the chairpersons job description that the chair can also attend functions within the region at the expense of the hosting country.
- 2013c The minutes of the Region 9 Assembly will be distributed by email and no longer by mail.
- 2013d FINANCE AND BUDGET  
Move to amend section V by renaming the Translation Fund to Translation/Projects Fund;  
Deleted section b) Considers that this funding is a ‘payment on account’ with a view to being contributed back (in part or full) to Region Nine as the literature is sold, so that the funds are reintroduced for translation of further material in future years;  
Inserted that service bodies are required to list the amount of money received in the past from WSO and for the translation of which OA literature and if at present requesting and

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financial assistance from WSO; Inserted change of date of deadline to April 30<sup>th</sup> and September 30<sup>th</sup> that officers will have considered the applications and make payments.

- 2013e **NEW GROUPS AND CONTACT WITHIN REGION 9**  
Amended section VII by deleting the words ‘the liaison’ and inserting that neighbouring groups will help new emerging groups if funds are available in their budget, to promote service visits from an existing IG or NSB.
- 2013f Move to amend Section VI by renaming the Translation Fund to General Assistance Fund
- 2013g Updated Region 9 Chairpersons Job Description to include that the Chair participates in the Region Chairs Committee (RCC), and attends RCC face-to-face meetings when possible.
- 2013h **FUNDING OF REGION 9 DELEGATES**  
Inserted to Section IX an example of service that Region 9 delegates to WSBC will be expected to take on.
- 2013i Inserted reimbursement procedures for Board members when attending R9 Assembly and Convention and WSBC.
- 2013j **QUALIFICATION FOR R9 DELEGATES TO WSBC**  
Inserted qualifications for delegates attending WSBC
- 2013k Replaced the word delegate with representative
- 2013l Financial Assistance will be granted to Committee Chairs who are not representing a service body.
- 2013m Updated role of the Banker to include monthly liaison with the Treasurer and Region 9 Chair and Accountant.
- 2013n Updated Job Description for Region 9 Board and Committee Chairs
- 2013o Inserted details of approval needed from three board members when signing cheques for over €150/£100.
- 2013p Representatives will now receive materials for the Region 9 Assembly by email and no longer have the option of receiving it by post.
- 2014a The ‘Newsletter Coordinator’ was given this title and will furnish a written report to the annual Region 9 Assembly
- 2014b The section ‘Region 9 Archives’ was included to recognize that there are Region 9 archives that contain the history of Region 9 for over thirty years
- 2014c Included that the money transferred to the delegate assistance fund is the amount agreed by the R9 Assembly

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- 2014d As the Translation Fund was changed to the Translation/Project Fund in previous years, guidelines for applying for such funds were this year included.
- 2014e The Finance & Budget Committee has written a manual that for now is included in the P&P.
- 2014f As the manual was approved by the Assembly the treasurer job description and handover material is the first part of the manual.
- 2014g Changed the word delegate to representative when referring to the Representatives going to Region 9, throughout the document.
- 2014 h Changed from mailing/posting to emailing when corresponding within Region 9, throughout the document.
- 2015a Making sure that the correct wording is being used for the Board Of Trustees and Region Chair Committee.
- 2015b Making clear that Region 9 uses the OA GUIDELINES – TRANSLATION GUIDELINES FOR OA LITERATURE.
- 2015c Updated description of different sections in the Finance & Budget Manual .
- 2015d More detailed description of the Banker position .
- 2015e Updated Section C of the Finance & Budget Manual .
- 2015f Updated Section D of the Finance & Budget Manual .
- 2015g Updated Section E of the Finance & Budget Manual.
- 2015h Region 9 will now give funding assistance to ‘locally approved OA literature’.
- 2015i Updated Section F of the Finance & Budget Manual .
- 2015j Updated Section G of the Finance & Budget Manual.
- 2015k Updated Section H of the Finance & Budget Manual .
- 2015l Updated Section I of the Finance & Budget Manual .
- 2015m Updated Section J of the Finance & Budget Manual .
- 2015n Updated Section K of the Finance & Budget Manual .
- 2015o Updated Section L of the Finance & Budget Manual .
- 2015p Updated Section M of the Finance & Budget Manual .
- 2015q Added the line item ‘3100a Purchase of Translation Software’ to the budget .

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2015r Added the headings N to the Finance & Budget Manual .

2015s Added the 9 to make sure that we are talking about our Region 9 website.

2015t Making sure that the correct wording for the World Service Business Conference is being used.

2015u One new clear policy for selection and procedures for delegates at large to WSBC .

2015v Added Nine to make sure that we are talking about Region Nine .

### **Rescissions, Amendments and Deletions**

1983c amended by 1999d and 2006g  
1985b amended by 2013k  
1988c deleted in 2004  
1988e amended by 2006h  
1989a amended by 2008h  
1991a amended by 2004e  
1991b amended by 1999e  
1991e amended by 2004e  
1991j amended by 1999k  
1991m deleted in 2015  
1993b amended by 1999g  
1994c amended by 2004e  
1995a amended by 2006b  
1995c amended by 2004e  
1995j rescinded by 2011b  
1995l amended by 1999h and rescinded by 2011b  
1996a amended by 1999b  
1996b amended 1999c and 2011c  
1996f amended 2002 j and 2010c  
1996g amended by 2013e  
1996h amended by 2009e and 2011c  
1997b amended by 2012q, 2012b and 2012c  
1997c amended by 2004e  
1997f rescinded by 2012l  
1997g amended by 2008f  
1997h rescinded by 2012l  
1999a amended by 2006f  
1999c amended by 2004e  
1999d amended by 2006g  
1999e amended by 2009c  
1999g amended by 2004e  
1999h amended by 2012r, 2012p and 2012m  
2000a amended by 2004e  
2001a amended by 2004e and deleted 2014a  
2001b amended by 2004e  
2001c deleted in 2015

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2001e rescinded by 2012i  
2002a amended by 2006d  
2002c rescinded by 2011b  
2002d rescinded by 2012i  
2002j amended by 2010c  
2002l rescinded by 2012k and deleted in 2015  
2004f amended by 2008b and 2011e  
2005b rescinded by 2011b  
2006c amended by 2013j  
2006f amended by 2008d  
2006g amended by 2012g  
2006h amended by 2007a  
2008b amended by 2012e 2008d amended by 2009c  
2008e amended by 2011d and 2012g  
2008i amended by 2012q and 2012j  
2008k amended by 2012q and 2012d  
2010d amended by 2012b and 2012q  
2010e amended by 2014a  
2010f amended by 2013h  
2011d amended by 2012g  
2012g amended by 2014c  
2012o amended by 2013m  
2012s amended by 2013d  
2012f amended by 2013o  
2012s amended by 2013f  
2011b amended by 2015a

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