

**2014 - 2016 STRATEGIC PLAN... THREE YEAR FOCUS : OUR PRIMARY PURPOSE**

**Our primary purpose is to abstain from compulsive eating and to carry the message of recovery through the Twelve Steps of OA to those who still suffer.**

Getting and staying abstinent \*Carrying OA's message to those who still suffer within and outside the Fellowship \*Working the Steps to stay abstinent and recover \*Personal responsibility: I am the message \*The message: We abstain from compulsive eating and work OA's 12 Steps to stay abstinent and recover physically, emotionally, and spiritually \*We practice the principles in all our affairs \*We are happy, joyous, free, whole, and well, and we are abstinent under ALL circumstances

**2014** - increase focus on actions required for Abstinence

- Workshop formats - Abstinence Power Point, & The Difference Between Abstinence and a Plan of Eating (on OA Website)
- Strong Abstinence Checklist - free down load, & pocket card (on OA Website & OA Bookstore)
- Abstinence literature resource guide - free down load (on OA Website)

**2015** - increase focus on the necessity of working **All** 12 Steps

- Lifeline Column featuring Trustee/Region Chair articles on topic (in Lifeline)
- Virtual Workshop - one Step per Month + Podcast (Virtual & OA Website)
- Newcomer Quick Step Study (document) (still in progress)
- Twelve-Stepping a Problem - free down load, & pocket card (on OA Website & OA Bookstore)
- The Importance of Working the Steps Workshop format

**2016** - increase focus on individual's responsibility to Carry the Message

- Sponsorship Training Workshop
- Promote Responsibility Pledge
- Tips for Carrying the Message - free down load, & pocket card (OA Website & OA Bookstore)
- Service in My Recovery - Speakers (Virtual)
- Service Body Building (document)

**MORE TASKS COMING FROM PAST R9 COMMITTEE SESSIONS -**

- **Finance** - Royalties; Contributions; Tent Cards; 7<sup>th</sup> Tradition Workshop; 7<sup>th</sup> Tradition item, look at procedure of accepting funds from other regions
- **Electronic Communications** - Anniversaries of each country in R9; For Today sentence; Audio shares; Translations of part of the Website
- **TSW** - TSW Day & other dates; Workshops; Sponsor list; Speakers list; Countries not at R9 A&C; articles for R9 Newsletter

- **Literature & Translations** - Translations List; TSW Handbook; Promote translating & Glossary
- **Bylaws** - Update Bylaws and P&P; how to find your way in the Bylaws and P&P; Motions
- **PI** - PI & the Social Media letter); Newspaper ads; Outreach with Health Fairs; Send out letter with Topic; Information gathering on how to reach out to people who are still suffering