The 3rd RCC Meeting took place in Brisbane, Australia, on October 14 - 18, 2015. We started on Wednesday and continued till Friday for the Assembly – very similar to R9’s agenda. Following that was R10’s Convention from Friday night till Sunday. Our RCC meetings were squeezed in here and there.

The R10 Assembly started with the usual formalities – adoption of ground rules, ... There were new business motions, service position elections, bids for future R10 A&C’s, Service Body reports, committee sessions, and several workshops (the 12 Concepts, Service, Our Primary Purpose). What I loved about the S.B. reports was the fact that each one had to submit their report to be included in the Binder, and each representative read their report at the Assembly, with Q&A time following. This gave the Board and Assembly a good overview of the health of the Region.

Their Assembly consisted of 10 representatives from all over Australia and New Zealand, along with 3 members of the R10 Board, and R10 Trustee. There were 8 Region Chairs, and at least 6 visitors in attendance. There was a committee session – I took part in the Outreach Committee (a combination of our TSW committee & our PI committee). Here, I was able to help especially with Loners – an issue within R9. During the Assembly, I was also able to clarify the differences between IG & Region versus IG, NSB/LSB, & Region.

Some exciting news for Region 10 – about 350 people have signed up for a “What is OA?” seminar to be presented in March in Beijing, China. Another 30 or so health care professionals will attend an introductory session the following day. The current Beijing fellowship is 6 OA members. What would you do if faced with the possibility of 350 newcomers..all at one time? AND.....there is very limited OA material translated into everyday Mandarin!!

The R10 Convention was well attended – about 100 OA members. The Convention was called It Works if you Work It! All meetings were led by Region Chairs. Some of the topics included: Sowing the Seed, Our Action Plan for Growth, Pruning – Growing in the Right Direction. Also, workshops included were – Nurturing our Assets, Prevention Against Dis-ease. There were also OA meetings in the early morning and late in the evenings (during the convention, as well as during the Assembly).

They had some of the things which we, in R9, are familiar with – Ask It Basket, 7th Tradition, Sharing. They also had some OA members bring animals to see and play with – koala’s, ... And the evening entertainment on Saturday night was full of fun - poetry readings, dancing to the samba, an OA comedian, games, and the RCC (and husbands) gave an “OA members out for dinner” skit.

The 3rd RCC Meeting included:

- WSBC 2016 Forum (RCC creates this for WSBC)
- Service Body Building (RCC is responsible for this within the Strategic Plan /SOP)
- Future RCC #3 meetings
- Mentoring new region chairs (5 new region chairs out of 10 are coming into this position now)
- Setting up skype meetings between the RCC
- Funding of GST travel to WSBC
- Updates, Questions, Thoughts...

What was amazing about the A&C in R10 - the maturity of recovery in Region 10. This is a huge geographic area, a small Fellowship, yet they care a lot about the success of OA, the Region, and the future .... just like we care. There was much unity and gratitude expressed from all attendees. We were able to share our experience, strength, and hope as Region Chairs. But we left with many new ideas for our own regions (I already used some of those new ideas in the R9 A&C 2015 in France!).

Thank you for the honor of representing Region 9.

Susan