THE TOOLS WORKSHOP

This workshop was presented by an OA member from Greece at the Region 9 Convention 2014 in Greece.

Each person received a handout of the “Body” with a tool written beside a specific part of the body - look at attachment. This workshop involved the participants – identifying character defects relating to each tool, then identifying the principle. On the second attachment, there are words listed on the handout next to each tool – character defects & principles. These are suggestions which came out of the workshop.

Some points to take notice of :

• Our defects prevent us from using the Principles
• Hug your defects
• Only God can turn our defects into Spiritual Principles
• If we use all the Tools, it can transform our defects of character. Why not use the Tools??

You can end this workshop by reading the Step 11 Prayer.
THE TOOLS WORKSHOP

With each Tool, Character Defects can appear. These can be transformed into Principles by using the Tools.

Right Ear – Sponsorship
Eyes – Anonymity
Left Ear – Telephone
Head – Food Plan

Right Hand – Writing
Heart – Service
Left Hand – Literature

Right Leg – Meetings
Left Leg – Action Plan

PRACTICE THE TOOLS TO BE A TOOL FOR GOD
THE TOOLS WORKSHOP

With each Tool, Character Defects can appear. These can be transformed into Principles by using the Tools.

**Right Ear - Sponsorship**
- Lack of Trust...Trust, Hope
- Arrogance...Humility, Open-mindedness, Fellowship, Courage, Perseverance

**Left Ear - Telephone**
- Fear...Fellowship, Trust, Courage
- Low Self Esteem...
- Self Acceptance & Love
- Selfishness...Humility, Open-mindedness

**Head - Food Plan**
- Selfishness...Humility
- Laziness...Willingness
- Boredom...Self Discipline
- Dishonesty...Honesty

**Eyes - Anonymity**
- Low Self Esteem (Gossip)...
- Humility
- Criticism...Humility, Equality, Respect, Faith, Self Love

**Left Hand - Literature**
- Laziness...
- Identity, Unity, Spirituality

**Right Hand - Writing**
- Dishonesty...Honesty, Humility, Courage, Integrity, Self Discipline

**Heart - Service**
- Fear...Love, Gratitude, Humility, Fellowship, Spirituality

**Right Leg - Meetings**
- Fear...Solidarity, Fellowship, Courage, Trust, Common Purpose, Unity, Identity, Love

**Left Leg - Action Plan**
- Dishonesty...Honesty, Willingness, Identity, Purpose

**PRACTICE THE TOOLS TO BE A TOOL FOR GOD**