

## REGION 9 CHAIR'S REPORT

### 3<sup>RD</sup> REGION CHAIR'S COMMITTEE (RCC) MEETING 2013

Thursday, September 26, 2013 & Friday, September 27, 2013, the Region Chairs met for our 3<sup>rd</sup> RCC meeting. This took place in Albany, New York, USA. Region 6's Assembly, which we Region Chair's were part of, took place on Friday night, September 27 (Region 6's Board meeting), and Saturday, September 28 (this included the representatives of R6's Intergroups).

We had our first RCC meeting on Thursday night, over dinner, and the 2<sup>nd</sup> and 3<sup>rd</sup> meeting on Friday. The meetings consisted of the Region Chairs and 1 Trustee. We all shared, approved our minutes from the 2<sup>nd</sup> RCC meeting, and approved the agenda for these meetings. We got an update from our Trustee Co-Chair. We spoke about some information which is now on the

#### OA Website:

- OA Survey from the WSBC Forum 2013 (RCC's creation)
- OA format with "Diversity" (new)
- Abstinence Power Point (soon to be posted) - this came from Region 10, and will be used (in paper form) at the upcoming R9 Assembly

We finalized a new motion to be brought to the 2014 World Service Business Conference - additional requirements for General Service Trustees. The Strategic Operations Plan (SOP) for 2014 was discussed. The SOP will include:

- Increase focus on actions required for Abstinence
- Increase focus on the necessity of working all 12 Steps
- Increase focus on individual's responsibility to carry the message

The Region Chairs will be participating in a Virtual Workshop, and we discussed topics and times. We also set up the first of our RCC skype calls between the Region Chairs. Spoke about the 3<sup>rd</sup> RCC meeting of 2014 in Indiana, USA, and of 2015 in Australia.

The Role of the RCC was discussed - how we, as Region Chairs, can use more of our time on the "Primary Purpose" (to carry the OA message to others), rather than time spent on busy work/paper work. And of course, we devoted some time on the World Service Business Conference (WSBC) 2014 Forum (Region Chairs are responsible for this). This year will be nothing like the past forums!

The above are just some of the points that we spent time on. Each Region Chair had their follow up tasks to take care of for the coming year.

Up till now, I have spoken about the RCC meetings. The other reason we meet during the 3<sup>rd</sup> RCC is to be a part of another region's assembly. We Region Chairs are visitors, but we all had time to speak/share. That was exciting - to share my experience, strength, and hope. And to hear all the other Region Chairs speak - terrific. We also took part in the Region 6 committee meetings. This was very interesting. I was in the Youth in OA committee (I had been, in the past, in this committee at WSBC, and I brought forth information to my own country - Israel, and to other countries). I was able to contribute, and I even gave them a suggestion which they followed through on (which actually happened one year at a Region 9 Assembly).

To see another region in action during an assembly gave me some more ideas to bring home. To see the similarities and the differences was fascinating. It was thrilling to meet so many compulsive eaters - to learn from others and to give back to others. I feel truly blessed and grateful that I am able to do this service, and I thank you for allowing me to represent Region 9.

Susan

Region 9 Chair